

BOATMAN BADGE - HOURS LOG

Your Name: _____

Hours Required: _____

Conditions for hours logged:

- For the logging of hours, time both pulling and as coxswain count.
- Prepping the boat and putting it away after your session does not count towards duration logged.
- All of your hours must be completed in a Saldanha.
- You may claim hours pulled at a regatta, but that time is not likely to be more than 30 minutes per regatta.

It is advisable to keep your hours log sheet with you for your WAL to sign after each session.

DATE	BOAT NUMBER	Pulling Conditions	Duration Logged	WAL Name	WAL signature
Total Hours Completed					

Completed hours sheets are to be sent to the course leader for confirmation before the final sign off of the Boatman interest badge.